

## DIRECTIONS

1. Gather information about how your money was spent during the past month from your checkbook register, receipts, credit card bills, online statements, and any other financial records you have. This will help you get the most accurate information.
2. If you do not have complete financial records for the past month, begin recording all expenditures for the next several weeks on the Expense Trackers Worksheet. See Directions continued at the bottom of the next page.

| Pag | 2 of 2 |  |  |  |  |  |  |  | NTH |  |  |  |  |  |  |  | YEAR |
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|  | Date | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 2nd Half Total |
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|  | Savings |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Food th Home |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Meals on Job |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | School Lunches |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Dinner Out |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Electricity |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Gas/Heating |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Water/Sewage/Garbage |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Telephone |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Clothing |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Uniforms |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cleaning and Laundry |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Home Cleaning Supplies |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Gas/0il/Lube |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Transportation |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Child Care |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Grooming |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\stackrel{\square}{0}$ | Books/Newspaper/ Magazines |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ${ }_{\sim}^{0}$ | Movies/Sporting Events |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Parties/Clubbing/ Beverages |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cigarettes/Tobacco/ Alcohol |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Baby Sitter |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Hobbies |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Books/Music/Video |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Doctor \& Hospital |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Dentist |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Medicine |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  | Periodic Expenses |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Total |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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3. Transfer these daily totals to the Record of Daily Expenditures (DE).
4. Complete the Budget Worksheet after you have at least 30 days of expenditure information.
